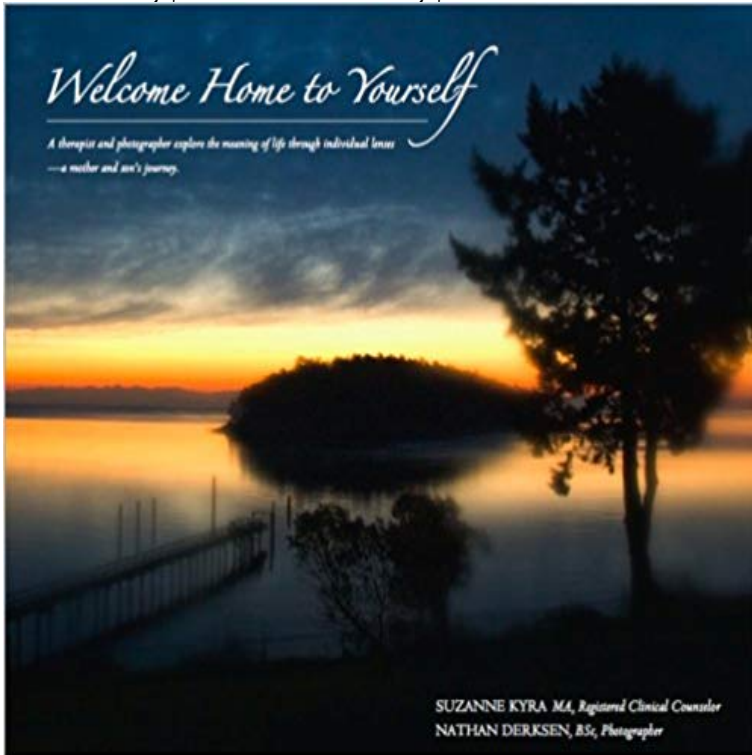


Welcome Home to Yourself: A therapist and photographer explore the meaning of life through individual lenses



In *Welcome Home to Yourself*, Suzanne Kyra and Nathan Derksen, a mother and son collaboration, weave words and images that invite us home to ourselves. As soul tenders, their profound creative genius combines compassionate and provocative narrative with rich, poetic photographs of nature, deepening our curiosity and joy for life. *Welcome Home to Yourself* invites us to begin this guided journey as it winds its way through the Natural World's yearly cycle, reflecting the seasons of our life. Once we have weathered this grand cycle of life, we are led into more intimate realms: personal stages of our development, how we sense our environment, ways we joyfully respond to it, how we shape meaning from experience, and finally, ways we celebrate our communal and personal milestones. Each section reflects on a series of specific topics, for example, Adulthood, Touching, The Human Voice, Wonder, Achievements, offering insights, questions, encouragement, commitment to action, and a stunning photograph on which to meditate. Whether you are drawn by your love of the Natural World represented in images, or by your longing for greater self-knowing and joy in life, *Welcome Home to Yourself* is a touchstone for reflection and renewed appreciation of the essential courage and beauty sustaining us inwardly and outwardly. The elegant pages of this photo journal call us into their dance; they twirl us, dip us, lift us, and leave us grateful home comers, breathless with awe, inspiration, and love. The first of three volumes, *Welcome Home to Yourself* is the initiating foundation for an adventure into a continuing journey, the next leg of which is *Welcome Home to Embrace Your World*, where you will meet your surroundings through connections, relationships, purpose in the world, and creating sacred ground into your life. The *Welcome Home* trilogy calls us home with

a grace and acceptance that allows us to gently break down the bounds of our guarded hearts and rise to life s offerings.

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photography has allowed us to document the rapid changes of I have been searching for a way to express myself
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